

# Make Me Hopeful



**Monday**

**Prayer Leader:**

Jesus wants us to be hopeful people. Pope Francis is an example of a person who lives life in a very hopeful way. This week we will be praying with him.

Pope Francis says:

**Reader:**

“Jesus is our hope. Nothing can separate us from His love.”



## Prayer Leader:

Jesus is our reason to be hopeful because He promised us that He would always be there for us. Hoping in God means joyfully trusting in Him.

Let's take a moment to ask ourselves:

- Do I always trust in Jesus or do I sometimes think that I don't need Him?
- Do I include Him in my life, every day?
- Do I often talk to Jesus in my prayers?

Before you go to bed tonight, why not take a moment to tell Jesus about your day.





**Prayer Leader:**  
Let's pray together:

**All:**  
Jesus,  
Make my heart open  
to goodness,  
make my eyes open  
to beauty,  
make me hopeful.  
Amen